

# Integrated Care Fund Project Proposal Form - Revenue



Llywodraeth Cymru  
Welsh Government

## Project Overview

Region: West Wales

ICF Project name: Low level short term domiciliary care

Project start date: 1<sup>st</sup> April 2019

WG ref:

Project completion date: 31<sup>st</sup> March 2021

Is this project linked to an ICF capital project? N

Is this project linked to the Dementia Action Plan funding? Y

What is the primary focus (1) and secondary (2) focus of the project are you proposing? \* please mark 1 and 2 as appropriate

Children's/young carers projects	Adults/Carers projects	Regional Capacity building/Infrastructure
Information/Advice/Awareness raising	Information/Advice/Awareness raising	Regional Partnership Board Development
Access to Services/single point of access/transport	Access to Services/single point of access	Regional Workforce development/training
Assessment and diagnosis	Assessment and diagnosis	Regional Programme management and evaluation
Social Prescribing	Social Prescribing	Regional/Integrated planning and commissioning
Early Help and Prevention	Early Help and Prevention	Regional Support for Social Value Sector Engagement
Emotional Health and Wellbeing	Emotional Health and Wellbeing/Loneliness and isolation	Regional support for Citizen/carers engagement
Edge of Care support	Stay at home/return home	Other – (please specify below)
Family Group Conferencing approach	Integrated Community Teams	
Family re-unification	Step up/down from hospital	
Therapeutic intervention	Intermediate Care/ pathway	
New accommodation/residential solutions	New accommodation/Residential solutions	
Other (please Specify below)	Other (please Specify below)	

ICF Project Description (brief description using theory of change model):

- 1 - What is the problem you are trying to solve? *Ceredigion has identified a gap in service provision associated with short term low level domiciliary care; the gap was originally identified by the third sector who deliver short term domiciliary services, but are unable to deliver personal care. Currently there is no provision of service without undertaking an assessment for long term care, which subsequently leads to long term reliance. The delays in undertaking that assessment may lead to hospital admissions / residential or nursing home admissions for either the cared for or carer as well as having an impact on longer term health and wellbeing.*
- 2 - What long term outcome/change are you hoping to achieve? *A flexible short term service which enables people to remain in their own home while they are unwell or recovering from an episode of ill health*
- 3 - Who is your key audience? *The majority would be vulnerable (including frail /elderly); whilst the service may be supporting the vulnerable, the needs of carers will also be a reason for the service being offered.*
- 4 - How will you reach them? *Working with out of hours primary care, WAST, duty social care, acute sites and the Carers Unit to raise awareness of the service and ensure appropriate referrals through Porth Gofal and out of hours services.*
- 5 – What resources are available to support? *Funding will be sourced from both statutory partners as well as ICF to test the concept of commissioning services with the 3<sup>rd</sup> sector.*
- 6 - What activities will bring about the change? *The scheme fills a gap which is prior to statutory provision, but will have positive impacts upon longer term statutory provision, therefore is required to pump prime and test the concept.*

**How does your project address your population needs assessment and area plan? *You can find the Population Assessment and Area Plan here: <http://www.wwcp-data.org.uk/>***

- Disability-free life expectancy is rising more slowly than life expectancy, suggesting an increased need for care and support over time
- Rurality can be an accelerating factor in exacerbating the needs of older people, due to social isolation, higher levels of deprivation and poor access to services

The scheme will:

- providing anticipatory care across the health, social care and other sectors to avoid escalation of need
- Reducing the reliance on long term residential and nursing care in favour of lower level, preventative and well-being services
- Developing consistent, integrated commissioning and procurement processes based on co-production principles, which involve older people, user-led community-based groups and fora in the design and delivery of services, to achieve market sustainability

**What level of 'prevention/Intervention' (continuum) best describes your project? \*please tick as appropriate**

Self Help, Information and Advice	Early Help and support	Intensive Support	Specialist Intervention
	✓	✓	

**Project Costs**

YEAR ONE	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Cost
<b>Direct delivery costs -</b>	<b>£32,256</b>	<b>£32,256</b>	<b>£32,256</b>	<b>£32,256</b>	<b>£129,024</b>
Staffing	0	0	0	0	0
Overheads (heat, light, rent etc)	0	0	0	0	0
Resources/activity costs	£32,256	£32,256	£32,256	£32,256	£129,024
Equipment/IT	0	0	0	0	0
YEAR TWO	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Cost
<b>Direct delivery costs -</b>	<b>£32,256</b>	<b>£32,256</b>	<b>£32,256</b>	<b>£32,256</b>	<b>£129,024</b>
Staffing	0	0	0	0	0
Overheads (heat, light, rent etc)	0	0	0	0	0
Resources/activity costs	£32,256	£32,256	£32,256	£32,256	£129,024
Equipment/IT	0	0	0	0	0

**Project Delivery**

Delivery partners		Project budget holder		Project geographical footprint	
Local Authority	x	Local Authority	x	Regional	
Health Board	x	Health Board		Sub-regional	
Third Sector/Social Value sector	x	Third Sector/Social Value sector		Multiple regions	
Private/Independent sector	x	Private/Independent sector		Local Authority	x
Housing Association/RSL		Housing Association/RSL		Local community	
Other (pls specify below)		Other (pls specify below)			

**Project Beneficiaries** (pls check boxes as appropriate):

Primary beneficiaries		Secondary beneficiaries		Other beneficiaries	
Older people	<input checked="" type="checkbox"/>	Older people	<input checked="" type="checkbox"/>	Older people	<input type="checkbox"/>
People with learning disabilities	<input checked="" type="checkbox"/>	People with learning disabilities	<input checked="" type="checkbox"/>	People with learning disabilities	<input type="checkbox"/>
Children with complex needs	<input type="checkbox"/>	Children with complex needs	<input type="checkbox"/>	Children with complex needs	<input type="checkbox"/>
Children at risk of becoming looked after	<input type="checkbox"/>	Children at risk of becoming looked after	<input type="checkbox"/>	Children at risk of becoming looked after	<input type="checkbox"/>
Care experienced children including adopted children	<input type="checkbox"/>	Care experienced children including adopted children	<input type="checkbox"/>	Care experienced children including adopted children	<input type="checkbox"/>
Carers	<input checked="" type="checkbox"/>	Carers	<input checked="" type="checkbox"/>	Carers	<input type="checkbox"/>
Young Carers	<input checked="" type="checkbox"/>	Young Carers	<input checked="" type="checkbox"/>	Young Carers	<input type="checkbox"/>
People with dementia	<input checked="" type="checkbox"/>	People with dementia	<input checked="" type="checkbox"/>	People with dementia	<input type="checkbox"/>

**Project Design Principles** (pls check boxes as appropriate):

Which of the 'A Healthier Wales' Quadruple aim/s does this project primarily address?	Which of the 'ten national design principles' from A Healthier Wales will the project address?	With voice and co-production as key principles, tell us who you have engaged with in the design of your projects																																												
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**Project outcomes and impacts**

What Population level indicators/measures is your project seeking to address? \* please select from national outcome/performance management framework

You can find a PDF of the Draft Regional Outcomes Framework for Frail/Elderly population groups on the WWCP website here:

<https://www.wwcp.org.uk/icf-outcomes-framework/>

Number / percentage carers supported

Number/percentage of people supported by Intermediate Care pathway / rapid access service

Number/percentage of commissioned hours of domiciliary care

Tell us how you will measure/understand the impacts of your project?

<p><b>How Much?</b> (outputs)</p> <ul style="list-style-type: none"> <li>Number of carers supported</li> </ul>	<p><b>How Well?</b> (quality)</p> <ul style="list-style-type: none"> <li>People reporting they felt safe and well at home during and after the service</li> </ul>
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<ul style="list-style-type: none"> <li>• Number of people supported by intermediate care pathway</li> <li>• Number of commissioned hours of domiciliary care</li> <li>• Number of days avoidance into residential or hospital admissions</li> </ul>	<ul style="list-style-type: none"> <li>• Carers reporting being able to continue with their day to day life</li> <li>• Feedback from Individuals who use the service</li> <li>• People reporting they felt involved in any decision made about their care</li> </ul>
<p><b>Difference made?</b> (impact)</p> <ul style="list-style-type: none"> <li>• Citizens remain well at home or in their community for longer</li> <li>• Citizens get the right care and support, as early as possible</li> <li>• Citizen's individual circumstances are considered</li> </ul>	

Tell us how you intend to evaluate the following aspects of your project (please refer to ICF guidance)

<p><b>Impact Evaluation</b> (How will you measure/understand the outcomes that have been achieved by your project?)</p>	<ul style="list-style-type: none"> <li>• <b>Benchmarked within the National Audit of Intermediate Care</b></li> <li>• <b>Analysis of regional data available</b></li> </ul>
<p><b>Process Evaluation</b> (How will you evaluate the system &amp; process changes delivered by your project e.g. integration, co-production, social value?)</p>	<ul style="list-style-type: none"> <li>• <b>Service user feedback collated every 2 months</b></li> <li>• <b>Analysis of the number of WAST/GP referrals that receive the service</b></li> <li>• <b>Response regarding parties involved, (Health, 3<sup>rd</sup> sector commissioned services</b></li> <li>• <b>Professionals feedback</b></li> </ul>
<p><b>Economic Evaluation</b> (How will you evaluate the cost benefits/cost avoidance delivered by your project?)</p>	<p><b>Using a number of methods including:</b></p> <ul style="list-style-type: none"> <li>• <b>Analysing available local /regional and national data</b></li> <li>• <b>Agreeing regional formula to calculate Time spent at home and Bed days saved</b></li> <li>• <b>Reviewing impact on other services as a result of project</b></li> </ul>
<p><b>Qualitative Evaluation</b> (How will you capture the experiences of service users/staff/communities?)</p>	<p><b>Developing:</b></p> <ul style="list-style-type: none"> <li>• <b>Case studies</b></li> <li>• <b>NAIC</b></li> </ul>

## Exit Strategy

Tell us about your exit strategy for the project (post 2021):

- Both HDUHB and Ceredigion County Council are in the process of de-commissioning to re-commission services; assuming that this scheme can evidence value, there will be the prospect of utilising existing core funding to fund this service.

## Project contact details

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