

# Integrated Care Fund Project Proposal Form - Revenue



Llywodraeth Cymru  
Welsh Government

## Project Overview

|   |  |                                     |
|---|--|-------------------------------------|
| Region: WWCP  | ICF Project name: Regional Carers Project Resource |                                     |
| Project start date: April 2019                                | WG ref:  | Project completion date: March 2021 |
| Is this project linked to an ICF capital project? N           |  |                                     |
| Is this project linked to the Dementia Action Plan funding? N |  |                                     |

**What is the primary focus (1) and secondary (2) focus of the project are you proposing? \* please mark 1 and 2 as appropriate**

| Children's/young carers projects                    | Adults/Carers projects                                  | Regional Capacity building/Infrastructure           |
|---|---|---|
| Information/Advice/Awareness raising                | Information/Advice/Awareness raising                    | Regional Partnership Board Development              |
| Access to Services/single point of access/transport | Access to Services/single point of access               | Regional Workforce development/training             |
| Assessment and diagnosis                            | Assessment and diagnosis                                | Regional Programme management and evaluation        |
| Social Prescribing                                  | Social Prescribing                                      | Regional/Integrated planning and commissioning      |
| Early Help and Prevention                           | Early Help and Prevention                               | Regional Support for Social Value Sector Engagement |
| Emotional Health and Wellbeing                      | Emotional Health and Wellbeing/Loneliness and isolation | Regional support for Citizen/carers engagement      |
| Edge of Care support                                | Stay at home/return home                                | Other – (please specify below)                      |
| Family Group Conferencing approach                  | Integrated Community Teams                              |   |
| Family re-unification                               | Step up/down from hospital                              |   |
| Therapeutic intervention                            | Intermediate Care/ pathway                              |   |
| New accommodation/residential solutions             | New accommodation/Residential solutions                 |   |
| Other (please Specify below)                        | Other (please Specify below)                            |   |
| Combination of above projects                       | Combination of above projects                           |   |

### ICF Project Description (brief description using theory of change model):

**1 - What is the problem you are trying to solve?** The Regional Carers Project Resource will coordinate, facilitate and support delivery of the range of regional ICF carers projects being bid for 19/20 and 20/21, including:- Front Line Staff Supporting Carers Resource; Community Development Fund; Resilience Project; Organisational support to carers; Joint commissioning; and Digital platforms for information & advice. The resource will provide capacity to support a coherent and structured approach to delivery and governance arrangements for the above projects, which if not available will put delivery of outputs and outcomes at significant risk.

**2 - What long term outcome/change are you hoping to achieve?** The resource will support the development and delivery of a comprehensive and robust set of projects to improve carers' experiences and outcomes in West Wales. This includes the support they receive to access up to date and quality information and advice, to build their own resilience and wellbeing, to take breaks from the caring role and to receive timely and quality support from skilled and experienced professionals.

**3 - Who is your key audience?** The end audience that the regional resource will be targeted at will be all carers in West Wales, but the project will connect directly with the regional carers projects and associated stakeholders, including but not limited to:- carers; Pembrokeshire County Council; Ceredigion County Council; Carmarthenshire County Council; Hywel Dda University Health Board; other statutory bodies; voluntary and community sector; private enterprises; social enterprises.

**4 - How will you reach them?** Carers will be primarily reached through the delivery of the individual projects that this resource will support which will be facilitated through local carers networks. We will engage with organisations through a variety of mechanisms including the West Wales Care Partnership, West Wales Carers Development Group, local Carers Partnership Boards and project working groups.

**5 - What resources are available to support?** Carers Leads within the three local authorities (Pembrokeshire, Ceredigion and Carmarthenshire), as well as Health Dda University Health Board will offer their support, knowledge and experience to support the regional resource. One local authority will host the post and so be in a position to offer accommodation, IT infrastructure etc.

**6 - What activities will bring about the change?** Project coordination, delivery of individual projects according to individual project applications (please see individual bids separately), engagement with carers and key stakeholders

**How does your project address your population needs assessment and area plan?**

**West Wales Population Needs Assessment** - Further embed good practices around identification, information and consultation; Raise the profile and public understanding of caring; improve carer assessments and to do more to ensure services; Programmes aimed at maintaining general wellbeing of carers, work with carers on the co-production of services

**West Wales Area Plan objectives** - The following objectives will be addressed: - 1.10, 1.11, 1.12, 1.13

**What level of 'prevention/Intervention' (continuum) best describes your project? \*please tick as appropriate**

| Self Help, Information and Advice | Early Help and support | Intensive Support | Specialist Intervention |
|-----------------------------------|------------------------|-------------------|-------------------------|
| ✓                                 | ✓                      | ✓                 |                         |

**Project Costs**

| YEAR ONE                          | Quarter 1        | Quarter 2        | Quarter 3        | Quarter 4        | Total Cost        |
|-----------------------------------|------------------|------------------|------------------|------------------|-------------------|
| <b>Direct delivery costs -</b>    |                  |                  |                  |                  |                   |
| Staffing                          | 12,500           | 12,500           | 12,500           | 12,500           | 50,000            |
| Overheads (heat, light, rent etc) |                  |                  |                  |                  |                   |
| Resources/activity costs          |                  |                  |                  |                  |                   |
| Equipment/IT                      | 500              | 500              | 500              | 500              | 2,000             |
| <b>YEAR TWO</b>                   | <b>Quarter 1</b> | <b>Quarter 2</b> | <b>Quarter 3</b> | <b>Quarter 4</b> | <b>Total Cost</b> |
| <b>Direct delivery costs -</b>    |                  |                  |                  |                  |                   |
| Staffing                          | 13,000           | 13,000           | 13,000           | 13,000           | 50,000            |
| Overheads (heat, light, rent etc) |                  |                  |                  |                  |                   |
| Resources/activity costs          |                  |                  |                  |                  |                   |
| Equipment/IT                      | 500              | 500              | 500              | 500              | 2,000             |

**Project Delivery**

Delivery partners

|                                  |   |
|----------------------------------|---|
| Local Authority                  | x |
| Health Board                     | x |
| Third Sector/Social Value sector | x |
| Private/Independent sector       | x |
| Housing Association/RSL          | x |
| Other (pls specify below)        |   |
|                                  |   |

Project budget holder

|                                  |   |
|----------------------------------|---|
| Local Authority                  | x |
| Health Board                     |   |
| Third Sector/Social Value sector |   |
| Private/Independent sector       |   |
| Housing Association/RSL          |   |
| Other (pls specify below)        |   |
|                                  |   |

Project geographical footprint

|                  |   |
|------------------|---|
| Regional         | x |
| Sub-regional     |   |
| Multiple regions |   |
| Local Authority  | x |
| Local community  | x |
|                  |   |

**Project Beneficiaries** (pls check boxes as appropriate):

Primary beneficiaries

|  |   |
|--|---|
| Older people   |   |
| People with learning disabilities                    |   |
| Children with complex needs                          |   |
| Children at risk of becoming looked after            |   |
| Care experienced children including adopted children |   |
| Carers   | x |
| Young Carers   | x |
| People with dementia                                 |   |

Secondary beneficiaries

|  |   |
|--|---|
| Older people   | x |
| People with learning disabilities                    | x |
| Children with complex needs                          | x |
| Children at risk of becoming looked after            |   |
| Care experienced children including adopted children |   |
| Carers   |   |
| Young Carers   |   |
| People with dementia                                 | x |

Other beneficiaries

|  |  |
|--|--|
| Older people   |  |
| People with learning disabilities                    |  |
| Children with complex needs                          |  |
| Children at risk of becoming looked after            |  |
| Care experienced children including adopted children |  |
| Carers   |  |
| Young Carers   |  |
| People with dementia                                 |  |

## Project Design Principles

### Project Design Principles (pls check boxes as appropriate):

Which of the 'A Healthier Wales' Quadruple aim/s does this project primarily address?

|   |                                     |
|---|-------------------------------------|
| Improved health and wellbeing                                     | <input checked="" type="checkbox"/> |
| Better quality and more accessible health and social care service | <input checked="" type="checkbox"/> |
| Higher value health and social care                               | <input checked="" type="checkbox"/> |
| A motivated and sustainable health and social care workforce      | <input checked="" type="checkbox"/> |

Which of the 'ten national design principles' from A Healthier Wales will the project address?

|                                 |                                     |
|---------------------------------|-------------------------------------|
| Prevention & Early Intervention | <input checked="" type="checkbox"/> |
| Safety                          | <input type="checkbox"/>            |
| Independence                    | <input checked="" type="checkbox"/> |
| Voice                           | <input checked="" type="checkbox"/> |
| Personalised                    | <input checked="" type="checkbox"/> |
| Seamless                        | <input checked="" type="checkbox"/> |
| Higher Value                    | <input type="checkbox"/>            |
| Evidence Driven                 | <input checked="" type="checkbox"/> |
| Scalable                        | <input checked="" type="checkbox"/> |
| Transformative                  | <input checked="" type="checkbox"/> |

With voice and co-production as key principles, tell us who you have engaged with in the design of your projects

|                                       |                                     |
|---------------------------------------|-------------------------------------|
| Service users (adults)                | <input type="checkbox"/>            |
| Service users (Children/young people) | <input type="checkbox"/>            |
| Carers                                | <input checked="" type="checkbox"/> |
| Young carers                          | <input checked="" type="checkbox"/> |
| Workforce                             | <input checked="" type="checkbox"/> |
| Social Value/third sector             | <input checked="" type="checkbox"/> |
| Community members                     | <input type="checkbox"/>            |
| Other:                                | <input type="checkbox"/>            |

### Project outcomes and impacts

What Population level indicators/measures is your project seeking to address? \* please select from national outcome/performance management framework

#### National Outcomes

##### Carers

- Know and understand what care, support and opportunities are available and use these to help me achieve my well-being
- Can access the right information, when I need it, in the way I want it and use this to manage and improve my well-being
- Have their voices heard and listened to
- Have their individual circumstances considered
- Get the right care and support, as early as possible
- Feel valued in society

#### West Wales Area Plan objectives

The following objectives will be addressed: - 1.10, 1.11, 1.12, 1.13

Tell us how you will measure/understand the impacts of your project?

#### **How Much?** (outputs)

- Number of projects on target to deliver their individual measures
- Number of new carers projects established across West Wales
- Number of new resources established through the projects
- Number of carers supported through the projects
- Number of staff trained and support through the projects

#### **How Well?** (quality)

- Baseline pre programme and post evaluations
- carers reporting positive impact from programmes including
  - Improved offer of support
  - Improved awareness of staff

|  |  |
|--|--|
|  | <ul style="list-style-type: none"> <li>• <i>organisations engaged with programmes who as a result are offering an improved offer to carers</i></li> <li>• <i>staff feeling more confident and skilled to support carers in their caring roles</i></li> </ul> |
|--|--|

***Difference made?*** *(impact)*

National Outcomes

Carers

- Know and understand what care, support and opportunities are available and use these to help me achieve my well-being
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- Have their voices heard and listened to
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West Wales Area Plan objectives

The following objectives will be addressed: - 1.10, 1.11, 1.12, 1.13

Tell us how you intend to evaluate the following aspects of your project (*please refer to ICF guidance*)

|  |  |
|--|--|
| <p><b><i>Impact Evaluation</i></b><br/><i>(How will you measure/understand the outcomes that have been achieved by your project?)</i></p>  | <ul style="list-style-type: none"> <li>• <i>Baselining exercise for individual projects which will include some overarching measures</i></li> <li>• <i>Outcome measures will be designed around the National Outcomes Framework and West Wales Area Plan and evidence to understand impact will be gathered through qualitative and quantitative means.</i></li> </ul>                                     |
| <p><b><i>Process Evaluation</i></b><br/><i>(How will you evaluate the system &amp; process changes delivered by your project e.g. integration, co-production, social value?)</i></p> | <ul style="list-style-type: none"> <li>• <i>West Wales Carers Development Group will govern the process</i></li> <li>• <i>Project plans, including baselining exercise and scheduled monitoring, review and evaluation</i></li> <li>• <i>Stakeholder and carer input through a variety of methods including Most Significant Change, continuous dialogue and regular feedback opportunities</i></li> </ul> |
| <p><b><i>Economic Evaluation</i></b><br/><i>(How will you evaluate the cost benefits/cost avoidance delivered by your project?)</i></p>  | <p><i>Using a number of methods including:</i></p> <ul style="list-style-type: none"> <li>• <i>Analysing available local /regional and national data</i></li> <li>• <i>Reviewing impact on other services as a result of project</i></li> </ul>  |
| <p><b><i>Qualitative Evaluation</i></b><br/><i>(How will you capture the experiences of service users/staff/communities?)</i></p>  | <p><i>Developing:</i></p> <ul style="list-style-type: none"> <li>• <i>Pre/Post Evaluation per programme and annual review</i></li> <li>• <i>Most Significant Change to gather stories and case studies</i></li> <li>• <i>Evidenced based Research opportunities with Universities in partnership</i></li> </ul>  |

## ***Exit Strategy***

Tell us about your exit strategy for the project (post 2021):

The resource being applied for within this bid will be targeted at the planning and development of a number of carers' projects as outlined in accompanying bids. These projects will be either completed by 2021 or will be established in a manner that will ensure that they are mainstreamed in to existing service provision by 2021 so will not require the ongoing support of this resource, therefore effectively making it redundant.

## ***Project contact details***

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