



**Integrated Care Fund 2018/19
Project Brief**

Project Title	<i>Carers Support Project</i> 3CA1
Is this a new project or continuation?	<i>New – extension of current provision funded by Hywel Dda University Health Board</i>
What alternative delivery concept is being tested?	<i>Outsourcing to Third Sector</i>
In which financial year will the project complete testing of concept?	<i>2018-19</i>
Which ICF theme does it align with?	Improving the well-being of carers
Regional Project Lead/Link Representative	
Local Authority Project Lead/Leads and/or Link Representative/ Representatives	Jonathan Rees, Carers Development Officer & Gavin Pugh, Information & Assessment Officer (for carers)
HDUHB Project Lead/ Link Representative	Pennie Muir, Investors in Carers (IiC) & Dr Gareth Morgan
Third Sector Project Lead/ Link Representative	Alison Harries, CEO Carers Trust Sir Gâr

- 1. Background/Rationale:** (No more than 300 words, including how your proposal (1) **tests alternative delivery concepts** (2) **links with local strategies and plans such as Transforming Clinical Services; Integrated Medium Term Plan; Well Being Plans etc.** (3) **contributes to regional priorities** and (4) **supports delivery of objectives within the West Wales Area Plan.**)

In 2014, Carers Trust Sir Gâr (formerly known as Crossroads) developed a Carers Outreach Service funded by HDdUHB to provide information, advice and assistance to carers to enable them to access support services to help them maintain their caring role. The service currently employs 1.8 FTE carers workers and is currently at full capacity, primarily due to the identification of carers through the primary care IiC scheme. We anticipate that the number of carers referred to our service will increase significantly through the identification of carers through Dewis Sir Gâr's IAA Service and carers awareness raising within social care teams by the ICF funded Information & Assessment Officer post.

We propose to employ 3 FTE workers to provide a responsive, preventative and early intervention to improve the wellbeing of carers and the individuals they care for, enabling access to community services and preventing escalation of needs requiring statutory support.

We will adopt the MECC approach to provide a holistic approach to improving wellbeing and will identify needs/measure outcomes through the Carers Star toolkit – Carers Star covers seven outcome areas: Health, The caring role, Managing at home, Time for yourself, How you feel, Finances & work.

We have been informed by carers that frequently individuals are declared ‘medically fit’ for discharged and are transferred home from hospital without the arrangement of social care support. We believe that this contributes to the number of emergency readmissions as carers feel unable to manage the care and support needs of the patient. Our project proposes to integrate a hospital based Carers Outreach Worker within TOCALs to ensure that carers are provided with appropriate information, advice and support and are offered a follow-up appointment within a few days of discharge to identify and resolve any potential issues.

The project links with the following strategies: Transforming Clinical Services, Integrated Medium-Term Plan & Carmarthenshire Wellbeing Plan by providing proactive support to carers in local communities helping them to maintain caring relationships.

- 2. Purpose: What will you do and how will you do it?** *The proposal should support at least one of the aims identified within the Welsh Government Guidance for use of the ICF. Please outline how your service would meet a particular Aim (or Aims).*

ICF Aim	Description of how your proposal will meet the Aim(s)
Voice & control – information, advice & assistance	By providing carers with information, advice & assistance to they are can make informed choices regarding their care & support needs and the needs of the individuals they care for.
Prevention & early intervention	By providing a coordinated third sector support services to enable carers to maintain their caring role thus minimising escalation of needs and requirement for statutory support services.
Well-being	Ensuring that carers’ needs are recognised and that they develop appropriate support networks in to ensure their well-being and the well-being of the individuals they care for.

- 3. Outcomes:** *Please list which of the outcomes from the regional outcomes framework attached will your proposal contribute towards and how it will do so (minimum of 1, maximum of 3.)*

Regional Outcome(s)	Description of how your proposal will meet the Outcomes(s)
Carers, including young carers	<i>By providing early identification of carers, young adult carers and young carers and providing information, advice and support to them to help them maintain their caring role. The project will support Carers Support Groups for all ages and service user led activities to enable carers to have time out from their caring responsibilities to promote their wellbeing.</i>

People with learning disabilities	<i>By providing their carers with information on the wide range of community based support services for individuals with learning disabilities and their families.</i>
Older People with complex needs and long-term conditions, including dementia	<i>By providing condition specific information, advice and support to the carers of older people with complex needs and long-term conditions, including dementia.</i>

4. Implementation Timescales – please indicate the following:

When will project development commence?	April 2018
When will initial expenditure commence?	April 2018
When will staff recruitment commence (if required)?	March/April 2018
When will project delivery commence?	May 2018
Expected date of completion of project concept testing.	N/A
Expected date of project review/embedding learning into mainstream practice or termination.	N/A

5. Amount Requested (include detailed breakdown of costs and if revenue or capital)

£94,276 (please find attached breakdown of costs – appendix 3)

6. Proposed Performance Indicators: (What will it enable you to achieve in addition to what you are doing now. i.e. how many additional participants/outcomes? Please refer to ICF 17/18 C)

Performance Indicators	
How much will you do? (Quantity)	How well will you do it? (Quality)
<ul style="list-style-type: none"> Provide information, advice & assistance to 200 carers by providing early identification of carers 	<ul style="list-style-type: none"> As a network member of Carers Trust, we have monitored through the Carers Trust Quality Assurance Mark
How will people be better off as a result? (Quality and Quantity of effect)	
<p>The outcomes/benefits for carers include:</p> <ul style="list-style-type: none"> Improved access to timely and appropriate information, advice & support to reduce the impact of caring on their own lives Active offer of a proportionate assessment to enable carers to receive the help that they need, when they need it Increased awareness of the wide range of support available (e.g. assistive technology, Third Sector support services) 	

- Increased resilience through the development of peer support networks to ensure that carers feel supported to continue caring for as long as they choose
- Improved physical & mental health and wellbeing of the carer

The outcomes for the service provider and statutory partners include:

- Increased recognition of carers as equal partners in the provision of care & support and assisting the identification of 'hidden' carers
- Increasing the outreach service capacity to provide a responsive service to meet the needs of carers at risk of crises and/or a breakdown in their caring relationships
- Providing early intervention and preventative support to prevent escalation of needs requiring statutory support services
- Reducing the probability of unnecessary admissions to hospital due to the breakdown of caring responsibilities.
- The development of a more joined up approach between partners in health, social care and the third sector.

7. Sustainability: *After testing and review, how will successful concepts be incorporated into either mainstream delivery, IMTP, TCS, Area Plan or Well-Being developments and what is the exit strategy? (no more than 100 words)*

We propose that the sustainability of this concept involves mainstream delivery – a proposal has been submitted by CCC Carers Development Officer to support the decommissioning & recommissioning of current carers support provision to sustain this project. We believe that this project will provide value for money as Carers Trust Sir Gâr is a local charity with a long-standing reputation for providing quality support service for carers and the individuals they care for.

8. What are the implications if this business case isn't supported?

Carers are at increased risk of poor physical and mental ill health due to the impact of caring for someone without support. This may result in the breakdown of the caring relationship and the need for statutory input (e.g. unplanned hospital admissions/respite care).

9. Please provide supporting evidence of engagement with key stakeholders, in the development or delivery of the project, particularly 3rd sector and community partners when alternative delivery concepts are being tested.

The Carers Strategic Partnership Board (CSPB), Carers Support Services Network (CSSN – a provider forum for third sector organisations) and carers have been consulted on the development of this project. We will report on the progress of the delivery of the project to both the CSPB and the CSSN on a quarterly basis.

10. Please ensure a completed 12 month budget profile is attached.